

Get Fit All Year Round!

***Please Note: Some Classes Only Seasonally Offered**
(Click Class Names for Online Registration)

Tuesday's Classes	Drop-In Fee Per Class¹	Ages
<u>Core Yoga</u>	\$16.00	16+
<u>Foundational Strength and Movement*</u>	No Drop-In Option	16+
<u>Circuit Training</u>	\$10.00	16+
<u>Bodyweight-Cardio Strength</u>	\$10.00	16+
<u>In-Motion</u>	\$7.00	16+
<u>Pilates-Yoga Fusion</u>	No Drop-In Option	16+
<u>Pilates</u>	No Drop-In Option	16+

1 – Drop-in Fees are paid the day of class and receipts are given to the instructor.

[Register Online](#)

[View our complete guide and fill out the registration form](#) to register by mail, walk-in or fax (240-314-8759)

For more information email swimcenter@rockvillemd.gov

Learn more at www.rockvillemd.gov/swimcenter

355 Martins Lane, Rockville MD 20850